

FELDENKRAIS'

AWARENESS THROUGH MOVEMENT' CLASSES

Discover NEW MOVEMENT
POSSIBILITIES HERE!!

CONTACT: 541-908-2053
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TARO IWAMOTO, MS, PTA, ATC, CSCS, COMS

Is a Movement Educator/Therapist & an authorized Awareness Through Movement® Teacher with an extensive background in Orthopedic (i.e., Chronic Pain, Fall Prevention, Post-surgery etc..) & Neurological Rehabilitation (i.e., Parkinson Disease), and Martial Arts.

DATE: THURSDAYS (June, 2016)

TIME: 7:30-9:00pm

Bring a Yoga Mat & Towel for Head Support

COST: \$15/class or \$55/4-classes

LOCATION: Sound Holistic Health
2804 Grand Ave Suite 300 Everett, WA

FREE Trial Class
on 6/2/16